



Eat 5 a Day

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PUBLICATIONS OF THE PARKLAWN HEALTH LIBRARY

The Parklawn Health Library produces a variety of publications which are available via the library's web site at <http://library.psc.gov>.

Parklawn Health Library Bulletin contains five bibliographies on topics of current interest, a main topic describing a library service or product, recent acquisitions to the MAIN Library at Parklawn, a description of two new research tools, and a list of previous Bulletin bibliography topics.

Journal Holdings List includes the journals and newsletters subscribed to by the Parklawn Health Library System. It contains an alphabetical listing by journal title and also includes a subject listing. Free copies are available by contacting the library at refdesk@psc.gov or calling 301-443-2673.

Topical Bibliographies provide citations on topics of current research value to more than one HHS agency. Citations are retrieved from numerous databases and cover a specific time period. Examples of topics include: Homelessness and Substance Abuse, Bioterrorism, and Women and Violence.

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BINGE EATING DISORDER

Binge eating disorder (BED) is a new provisional diagnostic category included in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders*. It is characterized by recurrent episodes of binge eating without the use of inappropriate compensatory behaviors such as self-induced vomiting or the misuse of laxatives, diuretics or diet pills. Studies suggest that approximately 30% of people participating in weight-loss programs suffer from this condition and that women are approximately 1.5 times more likely to have BED than men. NIMH is currently funding research on women with BED.

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3. Barry DT, et al. **Gender differences in patients with binge eating disorder.** *Int J Eat Disord* 31 (1):63-70, Jan 2002.
4. Dingemans AE, et al. **Binge eating disorder: a review.** *Int J Obesity* 26 (3):299-307, Mar 2002.
5. Grilo CM, et al. **Subtyping binge eating disorder.** *J Consul Clin Psychol* 69 (6):1066-72, Dec 2001.
6. Hilbert A, et al. **Effects of prolonged and repeated body image exposure in binge-eating disorder.** *J Psychosom Res* 52 (3):137-44, Mar 2002.
7. Kalman D, et al. **Frequency of binge eating disorder in an outpatient weight loss clinic.** *J Am Diet Assoc* 102 (5):697-9, May 2002.
8. Masheb RM, et al. **On the relation of flexible and rigid control of eating to body mass index and overeating in patients with binge eating disorder.** *Int J Eat Disord* 31 (1):82-91, Jan 2002.
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JUVENILE DIABETES

Studies in American cities show that obesity-related type 2 diabetes is on the rise especially in African-

American, Asian-American, and Hispanic children and adolescents. The “VERB: It's What You Do” campaign is a new HHS initiative designed to encourage youth 9-13 years old to be physically active in order to prevent obesity and juvenile diabetes.

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12. Chakravarthy MV, et al. **An obligation for primary care physicians to prescribe physical activity to sedentary patients to reduce the risk of chronic health conditions.** *Mayo Clin Proc* 77 (2):165-73, Feb 2002.
14. **Diabetes prevention.** *N Engl J Med* 346 (23):1829-30, Jun 6 2002.
15. Feig DS, et al. **Type 2 diabetes in pregnancy: a growing concern.** *Lancet* 359 (9318):1690-2, May 11 2002.
15. Fitz PA, et al. **Building our future: a summary of the ADA diversity mentoring project.** *J Am Diet Assoc* 102 (7):1001-7, July 2002.
16. Flores G, et al. **The health of Latino children.** *JAMA* 288 (1):82-90, July 3 2002.
17. Herrath M, et al. **Juvenile autoimmune diabetes: a pathogenic role for maternal antibodies?** *Nature Med* 8 (4):331-33, Apr 2002.
18. Keenan HT, et al. **Social factors associated with prolonged hospitalization among diabetic children.** *Pediatrics* 109 (1):40-4, Jan 2002.
19. **Prevention of overweight and obesity in children.** *Diabetes Educ* 28 (3):415-23, May-Jun 2002. .
20. Trowbridge FL, et al. **Management of child and adolescent obesity: study design and practitioner characteristics.** *Pediatrics* 110 (1):205-9, July 2002.

NURSE STAFFING AND ADVERSE PATIENT OUTCOMES

Nurse staffing refers to professional personnel of a hospital who are trained in the scientific basis of nursing and who meet certain prescribed standards of education and clinical competence. Recent research funded by AHRQ confirms a direct link between the number of registered nurses on the hospital staff and whether patients develop serious or adverse complications, including death from these

complications, while in the hospital.

21. Berman S. **Health care: mandatory nurse-to-patient staffing ratios in California.** *J Law Med Ethics* 30 (2):312-3, Sum 2002.
22. Cho SH. **Nurse staffing and adverse patient outcomes: a systems approach.** *Nurs Outlook* 49 (2):78-85, Mar-Apr 2001.
23. González-Torre PL, et al. **Capacity planning in hospital nursing: a model for minimum staff calculation.** *Nurs Econ* 20 (1):28-36, Jan-Feb 2002.
24. Hodge MB, et al. **Developing indicators of nursing quality to evaluate nurse staffing ratios.** *J Nurs Admin* 32 (6):338-45, Jun 2002.
25. **New analysis confirms a direct link between nursing staffing and patient complications and deaths in hospitals.** *AHRQ Res Activities* (262):1-2, Jun 2002.
26. Needleman J et al. **Nurse-staffing levels and the quality of care in hospitals.** *N Engl J Med* 346 (22):1715-22, May 30 2002.
27. **Second opinion: should nurse-to-patient staffing ratios be mandated by legislation?** *MCN* 26 (1):176-7, July-Aug 2001.
28. Sovie MD, et al. **Hospital restructuring and its impact on outcomes: nursing staff regulations are premature.** *J Nurs Adm* 31(12): 588-600, Dec 2001.
29. Tieman J. **Absolute minimum. California announces its decision on nurse-staffing ratios, and other states watch and wait for the ripples to come their way.** *Mod Healthc* 32 (4):8-10, 16, Jan 28 2002.
30. Tieman J. **Double standards. Amid push for nurse ratio laws, the nation's hospitals also face new JCAHO requirements for measuring staffing effectiveness.** *Mod Healthc* 32 (14):30-2, Apr 8 2002.

SKIN CANCER

Skin cancer, the most common form of cancer in the U.S., is a disease in which malignant cells are found in the outer layers of the skin. The three main types of skin cancer are basal cell carcinoma, squamous cell carcinoma, and malignant melanoma. Each year, approximately 1.3 million new cases of skin cancer are diagnosed. Because sun and ultraviolet radiation exposure are major risk factors for skin cancer, it can be prevented by limiting exposure to the sun, wearing protective clothes while in the sun, and using sun screen. NCHS has data on skin cancer in their annual publication *Healthy People*

2010.

31. Armstrong BK, et al. **The epidemiology of UV induced skin cancer.** *J Photochem Photobiol B* 63 (1-3):8-18, Oct 2001.
32. Bastian BC, et al. **Genomic approaches to skin cancer diagnosis.** *Arch Dermatol* 137 (11):1507-11, Nov 2001.
33. Diepgen TI, et al. **The epidemiology of skin cancer.** *Br J Dermatol* 146:(Suppl 61):1-6, Apr 2002.
34. Glanz K, et al. **Guidelines for school programs to prevent skin cancer.** *MMWR* 51 (RR4):1-16, Apr 26, 2002.
35. Karagas MR, et al. **Use of tanning devices and risk of basal cell and squamous cell skin cancers.** *J Natl Cancer Inst* 94 (3):224-6, Feb 6 2002.
36. Martinez JC, et al. **The management of melanoma and nonmelanoma skin cancer: a review for the primary care physician.** *Mayo Clin Proc* 76 (12):1253-65, Dec 2001.
37. Peattie K, et al. **Skin cancer prevention: reevaluating the public policy implications.** *J Public Policy & Market* 20 (2):268-79, Fall 2001.
38. Santmyre BR, et al. **Lifestyle high-risk behaviors and demographics may predict the level of participation in sun-protection behaviors and skin cancer primary prevention in the United States.** *Cancer* 92 (5):1315-24, Sep 1 2001.
39. Shin DM, et al. **Phase II and biologic study of interferon alfa, retinoic acid and cisplatin in advanced squamous skin cancer.** *J Clin Oncol* 20 (2):364-70 Jan 15 2002.
40. Urosevic M, et al. **Immunotherapy for nonmelanoma skin cancer.** *Cancer* 94 (2):477-85, Jan 15 2002.

SUBSTANCE ABUSE RECOVERY MONTH

September, 2002 marks the thirteenth anniversary of SAMHSA's National Alcohol and Drug Addiction Recovery Month. Recovery Month aims to promote the societal benefits of substance abuse treatment, laud the contributions of treatment providers, and promote the message that recovery from substance abuse, in all its forms, is possible.

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42. Deck DD, et al. **Datapoints: medicaid managed care and substance abuse treatment.** *Psychiatr Serv* 53 (7):802, Jul 2002.
43. Donovan B, et al. **“Transcend” : initial outcomes from a posttraumatic stress disorder/substance abuse treatment program.** *J Trauma Stress* 14 (4):757-72, Oct 2001.
44. Greenberg B. **The impact of criminal justice institutions on substance abuse treatment.** *J Psychoactive Drugs* 33 (4):353-4, Oct-Dec 2001.
45. Johnson JA, et al. **Predicting closure of private substance abuse treatment facilities.** *J Behav Health Serv Res* 29 (2):115-25, May 2002.
46. Jordan BK et al. **Lifetime use of mental health and substance abuse treatment services by incarcerated women felons.** *Psychiatr Serv* 53 (3):317-25, Mar 2002.
47. Knight DK, et al. **Change in psychosocial functioning and social relations among women in residential substance abuse treatment.** *J Subst Abuse* 13 (4):533-47, 2001.
48. Roman PM, et al. **Adoption and implementation of new technologies in substance abuse treatment.** *J Subst Abuse Treat* 22 (4):211-8, Jun 2002.
49. Smith BD, et al. **Client-service matching in substance abuse treatment for women with children.** *J Subst Abuse Treat* 22 (3):161-8, Apr 2002.
50. Walton MA, et al. **Correlates of received and expressed violence persistence following substance abuse treatment.** *Drug Alcohol Depend* 67 (1):1-12, Jun 1 2002.

SELECTED NEW ACQUISITIONS

To permit review of all books and reports in this list, they will not be circulated until three weeks from the date of this Bulletin. All materials are available for review on the NEW BOOKS display shelf near the Service Desk of the Library. You may reserve any book simply by completing the yellow strip form available on the display shelf.

DRUG ABUSE

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P4194 | CHEMICAL
DEPENDENCY
COUNSELING: A
PRACTICAL GUIDE. 2nd ed.
Perkinson, Robert. Thousand
Oaks, CA, Sage Publications,
2002, 543 p. | WM
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K4521 | SUBSTANCE USE
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INMATES: TEXAS
DEPARTMENT OF
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JUSTICE—INSTITUTIONAL
DIVISION, 1998. Kerber,
Lisa. Austin, TX, Texas
Commission on Alcohol and
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GUIDE FOR PARENTS
AND CAREGIVERS.
Rockville, MD, National Youth
Anti-Drug Media Campaign,
2001, 47 p. | WM
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K4521f | SUBSTANCE USE
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270
S7793 | STAGES AND PATHWAYS
OF DRUG INVOLVE-
MENT: EXAMINING THE
GATEWAY HYPOTHESIS.
New York, NY, Cambridge
University Press, 2002,
384 p. | WM
270
K4521m | SUBSTANCE USE AMONG
MALE INMATES, TEXAS
DEPARTMENT OF
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DIVISION, 1998. Kerber,
Lisa, Austin, TX, Texas
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Drug Abuse, 2000, 77 p. |

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2001, 78 p.</p> | <p>HEALTH PLANNING</p> | <p>WA
546AA1
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Jossey-Bass, 2002, 414 p.</p> |
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World Health Organization,
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C891</p> | <p>TRADITIONAL FAMILY
VALUES AND
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PREVENTION AND
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Cuadrado, Mary. New York,
NY, Kluwer Academic/Plenum
Publishers, 2002, 220 p.</p> | <p>WA
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THE POLITICS OF
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Weissert, Carol S. Baltimore,
MD, Johns Hopkins University
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Gaithersburg, MD, Aspen
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Plunkett, W. Richard.
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MEDICAL & ALLIED SCIENCES

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| WE
103
A512 | ACSM'S GUIDELINES
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AND PRESCRIPTION. 6th
ed. American College of Sports
Medicine. Philadelphia, PA,
Lippincott Williams & Wilkins,
2000, 368 p. | QW
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B521 | BIOLOGICAL THREATS
AND TERRORISM:
ASSESSING THE SCIENCE
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CAPABILITIES:
WORKSHOP SUMMARY.
Washington, DC, National
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| WA
300
A5125 | AMERICAN MEDICAL
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GUIDE TO MEN'S
HEALTH. New York, NY, J.
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O527 | BATHSHEBA'S BREAST:
WOMEN, CANCER &
HISTORY. Olson, James
Stuart. Baltimore, MD, Johns
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A5125 | THE AMERICAN
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100
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REFERENCE SERIES: 109
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- WM 140 C9822 CUTTING-EDGE MEDICINE: WHAT PSYCHIATRISTS NEED TO KNOW. Washington, DC, American Psychiatric Publishing, 2002, 150 p.
- QU 55 E96 EXERCISE AND STRESS RESPONSE: THE ROLE OF STRESS PROTEINS. Boca Raton, FL, CRC Press, 2002, 226 p.
- WQ 209 F4318 THE FETUS AS A PATIENT: THE EVOLVING CHALLENGE. Boca Raton FL, Parthenon Publishing Group, 2002, 344 p.
- WM 175 P182 HELPING PEOPLE WITH EATING DISORDERS: A CLINICAL GUIDE TO ASSESSMENT AND TREATMENT. Palmer, Robert L. New York, NY, Wiley, 2000, 273 p.
- WP 825 I335 IMMUNOLOGICAL PROPERTIES OF MILK. New York, NY, Kluwer Academic /Plenum Press, 2001, 410 p.
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- WL 704 C31 MANAGING PAIN BEFORE IT MANAGES YOU. Rev. ed. Caudill, Margaret. New York, NY, Guilford Press, 2002, 222 p.
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MARKETPLACE:
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Washington, DC, National
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PSYCHIATRIC
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Totowa, NJ, Humana Press,
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- WL 348 C912 CONCISe GUIDE TO NEUROPSYCHIATRY AND BEHAVIORAL NEUROLOGY. 2nd ed. Cummings, Jeffrey L. Washington, DC, American Psychiatric Publishing, 2002, 275 p.
- WM 203 E1267 THE EARLY STAGES OF SCHIZOPHRENIA. Washington, DC, American Psychiatric Publishing, 2002, 259 p.
- HQ 76.25 R5142 HANDBOOK OF AFFIRMATIVE PSYCHOTHERAPY WITH LESBIANS AND GAY MEN. New York NY, Guilford Press, 2002, 493 p.
- WM 171 H1912521 HANDBOOK OF DEPRESSION. New York, NY, Guilford Press, 2002, 624 p.
- WS 350.8.A4 L3297 HELPING SCHOOL-CHILDREN COPE WITH ANGER: A COGNITIVE-BEHAVIORAL INTERVENTION. Larson, Jim. New York, NY, Guilford Press, 2002, 190 p.
- WM 26.5 G894 THE INSIDER'S GUIDE TO MENTAL HEALTH RESOURCES ONLINE. Grohol, John M. New York, NY, Guilford Press, 2002, 309 p.
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- WM 207 A512 PRACTICE GUIDELINE FOR THE TREATMENT OF PATIENTS WITH BIPOLAR DISORDER. Revision. American Psychiatric Association. Washington, DC, American Psychiatric Association, 2002, 50 p.

WM
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QUICK REFERENCE TO
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Chicago, IL, American Medical
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VIOLENCE: PUBLIC
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WM
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W842
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RESEARCH

WB
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N2198
THE NATURE OF
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READ ME FIRST FOR A
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Morse, Janice M. Thousand
Oaks, CA, Sage, 2002, 262 p.

SOCIOLOGY

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Martinez-Brawley, Emilia E.
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GUIDE TO LIBRARY RESOURCES

GLOBAL AIDS DIRECTORY. Darby, Jane, ed., Global Health Council, Washington, DC, 2001.
Ref-Assn WC 22.1 G51

This directory is a comprehensive, easy-to-use desktop reference tool providing up-to-date contact information about more than 350 groups working in the global response to HIV/AIDS. The Directory includes listings of:

Foundations	Private voluntary organizations
Professional associations	Consulting firms
NGO networks	U.S. Government agencies
Civic groups	International agencies

THE THERAPIST'S INTERNET HANDBOOK. Stamps, Robert F. and Barach, Peter M., W. W. Norton and Company, New York, NY, 2001. Ref-Assn WM 420 S783

The handbook is a full service resource for mental health professionals overwhelmed by the amount of information available on the internet. In addition to listing more than 1,300 web sites, commentary discusses each site's central features, mega-sites to be bookmarked and site sponsors. Information is provided about:

Emotional disorders	Standard therapies
Treatment approaches	Alternative/complementary therapies
Mental health law	General web research

PREVIOUS CURRENT TOPICS

Previous current topics can be obtained upon request

Topic	Bulletin No.	Date
Allied and Complementary Medicine (AMED)	513	August 2002
Antibiotics		
Gender Differences in Mental Disorders		
Health Care Quality Information Web Site		
Helping Children Exposed to Substance Abuse and Violence		
Will You Help Us?	512	July 2002
Factors Which Increase Smoking For Adolescent Girls		
Hospital Mergers		
Telehealth		
Treatment for Social Phobia		
Urinary Tract Infections		
Interlibrary Loan	511	June 2002
Arthritis		
College Alcohol Abuse		
National Summit on Positive Youth Development		
Refugee Mental Health		
World Wide Childhood Asthma		

LIBRARY CLIENTELE

The Parklawn Health Library System serves the following components of the Department of Health and Human Services (HHS):

- Administration for Children and Families
- Administration on Aging
- Agency for Healthcare Research and Quality
- HHS Regional Offices
- Health Resources and Services Administration
- Indian Health Service
- National Center for Health Statistics
- National Institute of Mental Health
- National Institute on Drug Abuse
- Office of the Secretary
- Office of Public Health and Science
- Program Support Center
- Substance Abuse and Mental Health Services Administration

LIBRARY MISSION

The Parklawn Health Library, the NCHS Staff Research Library, and the Information Resources Center plan, develop, and administer a national research collection and innovative information programs in direct support of the Department of Health and Human Services.

LIBRARY COLLECTION

The Scope of the collection includes the delivery of health care, health administration, health policy, health services research, health promotion and disease prevention, computer sciences, management sciences, medical sociology, health statistics, international health, epidemiology, public health, mental health, psychiatry and neurology, and substance abuse.

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