



American Heart Month

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WORK AND FAMILY LIFE RESOURCE COLLECTION

Women and single parents are among the fastest growing segments of the working population. In addition, current employees of the “baby boom” generation must often meet the needs of both aging parents and their own children. For these reasons, the Parklawn Health Library (PHL) has established a Work and Family Life Resource Collection to assist employees in balancing the competing demands of work and family life. The collection, which consists of books, journals, and audiovisual materials, has recently been enhanced by materials obtained from the closing of the HHS Work/Life Center. All items in this collection are available for loan and can be found in the library’s online catalog which is accessible via the library’s web site at <http://library.psc.gov>. The “Selected New Acquisitions” section of this month’s Bulletin features the materials located in the PHL’s Work and Family Life Resource Collection.

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ALCOHOL SCREENING TESTS

Alcohol screening tests have become valuable tools for evaluating risky drinking behavior. The CAGE test, developed in the 1970's, was designed as a short interviewer-administered test for alcoholism or covert problem drinking. MAST, the Michigan Alcoholism Screening Test, was also designed to assist identification of problem drinking. AUDIT, the Alcohol Use Disorders Identification Test, was developed in the 1990's as a simple, ten-item questionnaire enquiring about alcohol consumption, frequency of drinking, and alcohol-related problems and symptoms. Because of the serious long-term health consequences of excessive alcohol consumption, health care practitioners are provided with an opportunity to attend regional training in administering these tests as part of routine diagnostic assessments and in preparation for participation in the National Alcohol Screening Day on April 10, 2003 co-sponsored by SAMHSA.

1. Chung T, et al. **Alcohol use disorders identification test: factor structure in an adolescent emergency department sample.** *Alcohol Clin Exp Res* 26 (2):223-31, Feb 2002.
2. Fink A, et al. **The alcohol-related problems survey: identifying hazardous and harmful drinking in older primary care patients.** *J Am Geriatr Soc* 50 (10):1717-22, Oct 2002.
3. Gual A, et al. **Audit-3 and audit-4: effectiveness of two short forms of the alcohol use disorder identification test.** *Alcohol Alcohol* 37 (6):591-96, Nov-Dec 2002.
4. Hearne R, et al. **Alcohol abuse: prevalence and detection in a general hospital.** *J Royal Soc Med* 95 (2):84-7, Feb 2002.
5. Kypri K, et al. **Interpretation of items in the audit questionnaire.** *Alcohol Alcohol* 37 (5):465-67, Sep-Oct 2002.
6. Marsh A, et al. **The impaired control scale: confirmation of factor structure and psychometric properties for social drinkers and drinkers in alcohol treatment.** *Addiction* 97 (10):1339-46, Oct 2002.
7. McCusker MT, et al. **Hazardous and harmful drinking: a comparison of the AUDIT and CAGE screening questionnaires.** *QJ Med* 95 (9):591-95, Sep 2002.
8. Moore AA, et al. **Are there differences between older persons who screen positive on the CAGE questionnaire and the Short Michigan Alcoholism Screening Test—Geriatric Version?** *J Am Geriatr Soc* 50 (5):858-62, May 2002.

9. Reinert DF, et al. **The alcohol use disorders identification test (AUDIT): a review of recent research.** *Alcohol Clin Exp Res* 26 (2):272-79, Feb 2002.
10. Rumf HJ, et al. **Screening for alcohol use disorders and at-risk drinking in the general population: psychometric performance of three questionnaires.** *Alcohol Alcohol* 37 (3):261-68, May-Jun 2002.

ALTERNATIVE MEDICINE AND MENTAL DISORDERS

Alternative medicine (AM) refers to therapies for managing health and disease that do not fall within the realm of conventional medicine. It is becoming increasingly popular in treating a wide array of health conditions including mental disorders. Herbal supplements, acupuncture, and mind-body techniques are frequently used by those with mental disorders. However, there are some AM therapies that have little to offer or may even be harmful to patients. Therefore, careful research on the efficacy and safety of these various therapies is needed. NIMH is currently supporting research to evaluate the effectiveness of AM therapies for depression.

11. Ballard CG, et al. **Aromatherapy as a safe and effective treatment for the management of agitation in severe dementia: the results of a double-blind, placebo-controlled trial with Melissa.** *J Clin Psychiatry* 63 (7):553-58, July 2002.
12. Bussing R, et al. **Use of complementary and alternative medicine for symptoms of attention-deficit hyperactivity disorder.** *Psychiatr Serv* 53 (9):1096-1102, Sep 2002.
13. Chan E. **The role of complementary and alternative medicine in attention-deficit hyperactivity disorder.** *J Dev Behav Pediatr* 23 (Suppl 1):S37-S45, Feb 2002.
14. Crone CC, et al. **Herbal and nonherbal supplements in medical-psychiatric patient populations.** *Psychiatr Clin North Am* 25 (1):211-30, Mar 2002.
15. Gardner DM. **Evidence-based decisions about herbal products for treating mental disorders.** *Rev Psychiatr Neurosci* 27 (5):324-33, Sep 2002.
16. Gray SG, et al. **Influence of aromatherapy on medication administration to residential-care residents with dementia and behavioral challenges.** *Am J Alzheimer's Dis and other Demen* 17 (3):169-74, May-Jun 2002.

17. Holmes C, et al. **Lavender oil as a treatment for agitated behaviour in severe dementia: a placebo controlled study.** *Int J Geriatr Psychiatry* 17 (4):305-08, Apr 2002.
18. McCabe S. **Complementary herbal and alternative drugs in clinical practice.** *Perspec Psychiatr Care* 38 (3):98-107, Jul-Sep 2002.
19. Mamtani R, et al. **A primer of complementary and alternative medicine and its relevance in the treatment of mental health problems.** *Psychiatr Q* 73 (4):367-81, Win 2002.
20. Manber R, et al. **Alternative treatments for depression: empirical support and relevance to women.** *J Clin Psychiatry* 63 (7):628-40, Jul 2002.

ATTENTION-DEFICIT/HYPERACTIVITY DISORDER

Attention-deficit/hyperactivity disorder (ADHD), the most commonly diagnosed psychiatric condition in childhood, is a behavioral syndrome where inattention, impulsivity and/or hyperactivity impair social, academic, and occupational functioning. The prevalence rate in children ranges from 3% to 9%. Of those children with ADHD, 15% to 20% continue to show symptoms throughout adulthood. Stimulant medication is the pharmacologic treatment of choice with behavioral therapy considered to be an important adjunct. NCHS has published data on ADHD in *Vital and Health Statistics, Series 10, Number 206*.

21. Castellanos FX, et al. **Developmental trajectories of brain volume abnormalities in children and adolescents with attention-deficit/hyperactivity disorder.** *JAMA* 288 (14):1740-48, Oct 9 2002.
22. Dalsgaard S, et al. **Conduct problems, gender and adult psychiatric outcome of children with attention-deficit hyperactivity disorder.** *Br J Psychiatry* 181:416-21, Nov 2002.
23. Faraone SV, et al. **Comparative efficacy of adderall and methylphenidate in attention-deficit/hyperactivity disorder: a meta-analysis.** *J Clin Psychopharmacol* 22 (5):468-73, Oct 2002.
24. Fossati A, et al. **History of childhood attention deficit/hyperactivity disorder symptoms and borderline personality disorder: a controlled study.** *Compr Psychiatry* 43 (5):369-77, Sep-Oct 2002.

25. Hinshaw SP. **Preadolescent girls with attention-deficit/hyperactivity disorder: I. background characteristics, comorbidity, cognitive, and social functioning and parenting practices.** *J Consult Clin Psychol* 70 (5):1086-98, 2002.
26. Mannuzza S, et al. **Accuracy of adult recall of childhood attention deficit hyperactivity disorder.** *Am J Psychiatry* 159 (11):1882-88, Nov 2002.
27. Pary R, et al. **Attention-deficit/hyperactivity disorder: an update.** *South Med J* 95 (7):743-9, Jul 2002.
28. Rowland AS, et al. **The epidemiology of attention-deficit/hyperactivity disorder (ADHD): a public health view.** *Ment Retard Dev Disabil Res Rev* 8 (3):162-70, 2002.
29. Shaw KA, et al. **Attitudes and practices of general practitioners in the diagnosis and management of attention-deficit/hyperactivity disorder.** *J Pediatr Child Health* 38 (5):481-86, Oct 2002.
30. Wagner KD. **Management of treatment refractory attention-deficit/hyperactivity disorder in children and adolescents.** *Psychopharmacol Bull* 36 (1):130-42, Win 2002.

NATIVE AMERICAN HEALTH

Inadequate education, high rates of unemployment, discrimination, and cultural differences all contribute to unhealthy lifestyles and the development of disease patterns for many Native Americans. Further, this population has infant mortality rates and incidence rates of diabetes, cardiovascular disease, and substance abuse that are higher than other U.S. races. The IHS is responsible for providing comprehensive health services to this group and uses a formal consultation process with tribal and urban Native American leaders to identify leading health priorities.

31. Acton KJ, et al. **Trends in diabetes prevalence among American Indian and Alaska Native children, adolescents, and young adults.** *Am J Public Health* 92 (9):1485-90, Sep 2002.
32. Baldwin L, et al. **Perinatal and infant health among rural and urban American Indians/Alaska Natives.** *Am J Public Health* 92 (9):1491-97, Sep 2002.
33. Gohdes D, et al. **Smoking cessation and prevention: an urgent public health priority for American Indians in the northern plains.** *Public Health Rep* 117 (3):281-90, May-Jun 2002.
34. Iyasu S, et al. **Risk factors for sudden infant death syndrome among Northern Plains Indians.** *JAMA* 288 (21):2717-23, Dec 4 2002.

35. Mitchell CM, et al. **Structure of HIV knowledge, attitudes, and behaviors among American Indian young adults.** *AIDS Educ Prev* 14 (5):401-18, Oct 2002.
36. Mitka M. **Two new projects to help Native Americans end substance abuse and domestic violence.** *JAMA* 288 (15):1834, 1837, Oct 16 2002.
37. Napoli M. **Holistic health care for Native women: an integrated model.** *Am J Public Health* 92 (10):1573-75, Oct 2002.
38. Peterson S, et al. **Native American women in alcohol and substance abuse treatment.** *J Health Care Poor Underserved* 13 (3):360-78, Aug 2002.
39. Roubideaux Y. **Perspectives on American Indian health.** *Am J Public Health* 92 (9):1401-03, Sep 2002.
40. Vernon IS, et al. **Prevention of HIV/AIDS in Native American communities: promising interventions.** *Public Health Rep* 117 (Suppl 1):S96-S103, 2002.

SURGEON TONE OF VOICE AND LIKELIHOOD OF BEING SUED

A recent study funded by AHRQ found that surgeons whose tone of voice showed less concern and more dominance during routine visits with their patients were more likely to be sued than those whose tone was less dominant and more concerned. Research suggests that surgeons could listen to a brief audio clip of themselves to provide a sense of how they sound during patient interactions which may lead to changes in their tone of voice, improvement of care satisfaction, and reduction in lawsuits.

41. Ambady N, et al. **Surgeons' tone of voice: a clue to malpractice history.** *Surgery* 132 (1):5-9, Jul 2002.
42. Avery JK. **Training and experience.** *Tenn Med* 96 (6):224-25, Jun 2002.
43. Dobson R. **Dulcet tones of a surgeon's voice may have a hidden meaning.** *BMJ* 325 (7359):297, Aug 10 2002.
44. Gorney M. **Claims prevention for the aesthetic surgeon: preparing for the less-than-perfect outcome.** *Facial Plast Surg* 18 (2):135-42, May 2002.
45. Jolobe OM. **Doctors and the law—a personal view.** *Br J Surg* 89 (3):368, Mar 2002.
46. Murphy EK. **“Captain of the ship” doctrine continues to take on water.** *AORN J* 74 (4):525-8, Oct 2001.

47. Parker JA. **A case for tort reform.** *GHA Today* 46 (3):11, Mar 2002.
48. Regan JJ, et al. **Medical malpractice and respondeat superior.** *South Med J* 95 (5):545-8, May 2002.
49. Tamar KC. **Caught in the malpractice crossfire.** *NC Med J* 63 (3):178, May-Jun 2002.
50. **Tone of voice may affect the likelihood that a surgeon will be sued for malpractice.** *AHRQ Res Activities* 266:13-14, Oct 2002.

SELECTED NEW ACQUISITIONS

To permit review of all books and reports in this list, they will not be circulated until three weeks from the date of this Bulletin. All materials are available for review on the NEW BOOKS display shelf near the Service Desk of the Library. You may reserve any book simply by completing the yellow strip form available on the display shelf.

WORK AND FAMILY LIFE

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| WS
462
A188 | ACTIVE PARENTING OF
TEENS. Marietta, GA,
Active Parenting Publishers,
1999, 6 videocassettes. | WS
462
E11a | ALL THAT SHE CAN BE:
HELPING YOUR
DAUGHTER MAINTAIN
HER SELF-ESTEEM. Eagle
Carol J. New York, NY,
Simon & Schuster, 1994,
252 p. |
| WS
105
M6154 | AGES AND STAGES:
DEVELOPMENTAL
DESCRIPTIONS &
ACTIVITIES, BIRTH
THROUGH EIGHT YEARS.
Miller, Karen. Marshfield, MA,
Telshare Publishing Co., 1985,
153 p. | GV
1201.6
B4547 | ALL THE BEST
CONTESTS FOR KIDS,
1996-1997. 5th ed. Bergstrom,
Joan M. Berkeley, CA,
Tricycle Press, 1996, 274 p. |
| WT
30
A55292 | AGING PARENTS AND
YOU. Rev. & Updated.
Anderson-Ellis, Eugenia. New
York, NY, MasterMedia,
1993, 298 p. | HQ
777.6
G133 | ASK THE CHILDREN: THE
BREAKTHROUGH STUDY
THAT REVEALS HOW TO
SUCCEED AT WORK AND
PARENTING. Galinsky,
Ellen. New York, NY, Quill,
2000, 391 p. |
| HQ
734
S5955 | ALL KINDS OF FAMILIES.
Simon, Norma. Morton
Grove, IL, A. Whitman, 1976,
40 p. | HD
4904.25
B1825 | BALANCING WORK AND
CAREGIVING FOR
CHILDREN, ADULTS, AND
ELDERS. Newbury Park, CA,
Sage Publications, 1993,
292 p. |

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| L
901
B38 | BEARS' GUIDE TO
EARNING COLLEGE
DEGREES NON-
TRADITIONALLY. 12th ed.
Bear, John. Benicia, CA,
C & B Publishing, 1996,
336 p. | HQ
756
L5755 | BETWEEN FATHER AND
CHILD: HOW TO BECOME
THE KIND OF FATHER
YOU WANT TO BE. Levant,
Ronald F. New York, NY,
Penguin Books, 1991, 236 p. |
| HQ
1058
C123 | BEING A WIDOW. Caine,
Lynn. New York, NY,
Penguin Books, 1990, 261 p. | WS
113
G4345 | BETWEEN PARENT &
CHILD. Ginott, Haim G.
New York, NY, Avon Books,
1969, 252 p. |
| WT
145
M3644 | BELIEVE IT OR
NOT—MAMA LIKES THE
NURSING HOME! Martin,
Kathryn J. Kansas City, MO,
Beacon Hill Press of Kansas
City, 1996, 136 p. | WS
462
G4345 | BETWEEN PARENT &
TEENAGER. Ginott, Haim
G. New York, NY, Avon,
1971, 255 p. |
| WT
155
B413 | THE BEST FRIENDS
APPROACH TO
ALZHEIMER'S CARE. Bell,
Virginia. Baltimore, MD, Health
Professions Press, 1997,
250 p. | WS
105.5.S3
C937 | BEYOND SELF-ESTEEM:
DEVELOPING A GENUINE
SENSE OF HUMAN
VALUE. Curry, Nancy E.
Washington, DC, National
Association for the Education
of Young Children, 1990,
177 p. |
| WS
105.5.F2
F112b | BETWEEN BROTHERS &
SISTERS: A
CELEBRATION OF LIFE'S
MOST ENDURING
RELATIONSHIP. Faber,
Adele. New York, NY, Avon
Books, 1989, 189 p. | HF
5549.2
.U5
B6967 | BEYOND WORKPLACE
2000: ESSENTIAL
STRATEGIES FOR THE
NEW AMERICAN
CORPORATION. Boyett,
Joseph H. New York, NY,
Penguin, 1996, 298 p. |

- GV 1472.7.B5 L292 BIRTHDAY PARTIES: BEST PARTY TIPS & IDEAS. Lansky, Vicki. Rev. & expanded ed. Deephaven, MN, Book Peddlers, 1995, 151 p.
- WT 104 B6655 BOUND FOR GOOD HEALTH: A COLLECTION OF AGE PAGES. Bethesda, MD, United States Department of Health and Human Services, National Institutes of Health, National Institute on Aging, 1991, 120 p.
- HV 6626 M3342 BREAKING FREE FROM PARTNER ABUSE: VOICES OF BATTERED WOMEN CAUGHT IN THE CYCLE OF DOMESTIC VIOLENCE. Marecek, Mary. Buena Park, CA, Morning Glory Press, 1993, 95 p.
- HF 5382.7 L3196 BREAKING OUT OF 9 TO 5: HOW TO REDESIGN YOUR JOB TO FIT YOU. Laqueur, Maria. Princeton, NJ, Peterson's, 1994, 224 p.
- LB 1139.35 P37 D664 BUILDING YOUR BABY'S BRAIN; A PARENT'S GUIDE TO THE FIRST FIVE YEARS. Dodge, Diane Trister. Washington, DC, United States Department of Education, National Institute on Early Childhood Development and Education, 2000, 46 p.
- HF 5718 T1459 BUSINESS FINESSE: DEALING WITH STICKY SITUATIONS IN THE WORKPLACE FOR MANAGERS. Talley, Linda. Houston, TX, Leadership U Press, 1998 158 p.
- WB 310 D773 CARING FOR A DYING RELATIVE: A GUIDE FOR FAMILIES. Doyle, Derek. New York, NY, Oxford University Press, 1994, 106 p.
- WT 30 J6366 CARING FOR AGING PARENTS: STRAIGHT ANSWERS THAT HELP YOU SERVE THEIR NEEDS WITHOUT IGNORING YOUR OWN. Johnson, Richard P. Saint Louis, MO, CPH, 1995, 190 p.

- WT 30 W622 CARING FOR ELDERLY PARENTS. Whybrow, Ruth New York, NY, Crossroad Publishing Co., 1996, 177 p.
- WT 30 C66 CARING FOR YOUR AGING PARENTS: A PLANNING AND ACTION GUIDE. Cohen, Donna. New York, NY, G.P. Putnam's Sons, 1995, 272 p.
- WT 30 B456 CARING FOR YOURSELF WHILE CARING FOR YOUR AGING PARENTS: HOW TO HELP, HOW TO SURVIVE. Berman, Claire. New York, NY, H. Holt, 1997, 255 p.
- WS 105.5.C3 G8536 THE CHALLENGING CHILD: UNDER- STANDING, RAISING, AND ENJOYING THE FIVE "DIFFICULT" TYPES OF CHILDREN. Greenspan, Stanley I. Reading, MA, Addison-Wesley Publishing Co., 1996, 318 p.
- WS 113 W3295 CHILD CUSTODY MADE SIMPLE: UNDER- STANDING THE LAWS OF CHILD CUSTODY AND CHILD SUPPORT. Watnik, Webster. Claremont, CA, Single Parent Press, 1997, 457 p.
- WS 350.8.A4 R812 CHILDREN IN THE CROSSFIRE: VIOLENCE IN THE HOME—HOW DOES IT AFFECT OUR CHILDREN? Roy, Maria. Deerfield Beach, FL, Health Communications, 1988, 211 p.
- HQ 756 K687 THE COMMON SENSE NO-FRILLS, PLAIN- ENGLISH GUIDE TO BEING A SUCCESSFUL DAD: THAT EVERY MOTHER SHOULD READ TOO. 2nd ed. Klinger, Ronald L. Austin, TX, CSF Publishing, 1996, 152 p.
- WS 125 E34 THE COMPLETE BOOK OF BREASTFEEDING. 3rd ed., Eiger, Marvin S. New York, NY, Workman Publishing, 1999, 413 p.

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| WS
113
B4529 | THE COMPLETE GUIDE
TO CHOOSING CHILD
CARE. Berezin, Judith. New
York, NY, Random House,
1990, 258 p. | WB
310
Q414 | DEATH AND DIGNITY:
MAKING CHOICES AND
TAKING CHARGE. Quill,
Timothy E. New York, NY,
W.W. Norton, 1994, 255 p. |
| WS
113
T361 | THE COMPLETE NANNY
GUIDE: SOLUTIONS TO
PARENTS' QUESTIONS
ABOUT HIRING AND
KEEPING AN IN-HOME
CAREGIVER. Thomas, Cora
Hilton. New York, NY, Avon
Books, 1995, 154 p. | WS
105.5.C3
H7797 | DIFFERENT AND
WONDERFUL: RAISING
BLACK CHILDREN IN A
RACE-CONSCIOUS
SOCIETY. Hopson, Darlene
Powell. New York, NY, Simon
& Schuster, 1992,
242 p. |
| BF
575.G7
C791 | COPING WITH LOSS: BE-
REAVEMENT AND GRIEF.
Alexandria, VA, National
Mental Health Association,
1997, 1 folded sheet. | WS
105.5.C3
T8432 | THE DIFFICULT CHILD.
Turecki, Stanley. Rev. ed.
New York, NY, Bantam
Books, 1989, 258 p. |
| WS
113
B7957 | A DAD'S GUIDE TO THE
FIRST YEAR. Brott, Armin
A. New York, NY, Abbeville
Press, 1997, 239 p. | WS
105
D813 | DISCIPLINE WITHOUT
TEARS. Dreikurs, Rudolf.
2nd ed. New York, NY,
Penguin, 1991, 96 p. |
| WS
113
B7957t | A DAD'S GUIDE TO THE
TODDLER YEARS. Brott,
Armin A. New York, NY,
Abbeville Press, 1998, 223 p. | HQ
759.915
M3597 | THE DIVORCED PARENT:
SUCCESS STRATEGIES
FOR RAISING YOUR
CHILDREN AFTER
SEPARATION. Marston,
Stephanie. New York, NY,
Pocket Books, 1995, 348 p. |

- WY 200 A485 "DON'T PUT ME IN A NURSING HOME!" Amarnick, Claude. Deerfield Beach, FL, Garrett, 1996, 175 p.
- W 50 H8842 DYING WITH DIGNITY: UNDERSTANDING EUTHANASIA. Humphry, Derek. New York, NY, St. Martin's Paperbacks, 1993, 215 p.
- WQ 150 B7957 THE EXPECTANT FATHER: FACTS, TIPS, AND ADVICE FOR DADS-TO-BE. Brott, Armin A. New York, NY, Abbeville Press, 1995, 215 p.
- HQ 759.48 P3444 THE FAMILY MANAGER'S GUIDE FOR WORKING MOMS. Peel, Kathy. New York, NY, Ballantine Books, 1997, 202 p.
- HV 6626 B177 FAMILY VIOLENCE & THE CHEMICAL CONNECTION. Baker, Sally A. Deerfield Beach, FL, Health Communications, 1991, 152 p.
- HQ 756 B494 THE FATHER FACTOR: WHAT YOU NEED TO KNOW TO MAKE A DIFFERENCE. Biller, Henry B. New York, NY, Pocket Books, 1994, 243 p.
- HQ 756 G487 FATHERING: STRENGTHENING CONNECTION WITH YOUR CHILDREN NO MATTER WHERE YOU ARE. Glennon, Will. Berkeley, CA, Conari Press, 1995, 219 p.
- WS 105.5.F2 J2872 FATHERING THE NEXT GENERATION: MEN MENTORING MEN. Jarema, William J. New York, NY, Crossroad, 1994, 191 p.
- HQ 756 C219 FATHERS OF A CERTAIN AGE: THE JOYS AND PROBLEMS OF MIDDLE-AGED FATHERHOOD. Carnoy, Martin. Minneapolis, MN, Fairview Press, 1997, 181 p.

- WS 105.5.E5 G8536 FIRST FEELINGS: MILESTONES IN THE EMOTIONAL DEVELOPMENT OF YOUR BABY AND CHILD. Greenspan, Stanley I. New York, NY, Penguin Books, 1989, 247 p.
- HQ 1206 G4434 GIRL POWER: SCHOOL YEAR 2001-2002 ASSIGNMENT BOOK. Rockville, MD, U.S. Department of Health and Human Services, Center for Substance Abuse Prevention, 2001, 1 volume.
- BF 637.S8 C838f FIRST THINGS FIRST: TO LIVE, TO LOVE, TO LEARN, TO LEAVE A LEGACY. Covey, Stephen R. New York, NY, Simon & Schuster, 1995, 373 p.
- WQ 150 I64 THE GIRLFRIENDS' GUIDE TO PREGNANCY: OR EVERYTHING YOUR DOCTOR WON'T TELL YOU. Iovine, Vicki. New York, NY, Pocket Books, 1995, 262 p.
- WT 30 S571 FORGET ME NOT: CARING FOR AND COPING WITH YOUR AGING PARENTS. Siegal, Alan P. Berkeley, CA, Celestial Arts, 1993, 157 p.
- BF 575.G7 H229 GRIEF IN THE WORKPLACE: 40 HOURS PLUS OVERTIME. Hartnett, Johnette. South Burlington, VT, Good Mourning, 1993, 52 p.
- BJ 1521 D76 FORGIVENESS AND OTHER ACTS OF LOVE. Dowrick, Stephanie. New York, NY, W.W. Norton, 1997, 360 p.
- WS 105.5.F2 T674 GROUNDED FOR LIFE?!: STOP BLOWING YOUR FUSE AND START COMMUNICATING WITH YOUR TEENAGER. Tracy, Louise Felton. Seattle, WA, Parenting Press, 1994, 147 p.
- HQ 756 H2757 THE GIFT OF FATHERHOOD: HOW MEN'S LIVES ARE TRANSFORMED BY THEIR CHILDREN. Hass, Aaron. New York, NY, Simon & Schuster, 1994, 203 p.
- BF 575.D34 S8655 GROWN-UP CHILDREN WHO WON'T GROW UP. Stockman, Larry V. Rocklin, CA, Prima Publishing, 1994, 237 p.

- WS 113 H3696 HELP! FOR PARENTS OF SCHOOL-AGE CHILDREN AND TEENAGERS. San Francisco, CA, HarperSanFrancisco, 1993, 256 p.
- WS 105.5.E5 J292 HELPING CHILDREN COPE WITH SEPARATION AND LOSS. Rev. ed. Jarratt, Claudia Jewett. Boston, MA, Harvard Common Press, 1994, 232 p.
- HV 6546 S5285 HELPING YOUR CHILD COPE WITH DEPRESSION AND SUICIDAL THOUGHTS. Shamo, Tonia K. New York, NY, Lexington Books, 1993, 180 p.
- WM 171 M471 HIGH TIMES/LOW TIMES: THE MANY FACES OF TEENAGE DEPRESSION. Meeks, John E. Washington, DC, PIA Press, 1988, 136 p.
- WT 30 S332 HOW DID I BECOME MY PARENT'S PARENT? Schiff, Harriet Sarnoff. New York, NY, Penguin Books, 1997, 203 p.
- HG 179 H83 HOW TO AVOID FINANCIAL TANGLES. Great Barrington, MA, American Institute for Economic Research, 1995, 156 p.
- WS 105.5.S3 P542 HOW TO GIVE YOUR CHILD A GREAT SELF-IMAGE. Phillips, Debora. New York, NY, Plume, 1989, 252 p.
- WS 350.8.A8 R4422h HOW TO REACH AND TEACH ADD/ADHD CHILDREN: PRACTICAL TECHNIQUES, STRATEGIES, AND INTERVENTIONS FOR HELPING CHILDREN WITH ATTENTION PROBLEMS AND HYPERACTIVITY. Rief, Sandra F. West Nyack, NY, Center for Applied Research in Education, 1993, 240 p.
- WS 105.5.F2 S294 HOW TO TALK TO YOUR KIDS ABOUT REALLY IMPORTANT THINGS: FOR CHILDREN FOUR TO TWELVE: SPECIFIC QUESTIONS AND USEFUL THINGS TO SAY. Schaefer, Charles E. San Francisco, CA, Jossey-Bass Publishers, 1994, 311 p.

- WS 350.8.A8 G578h HYPERACTIVITY: WHY WON'T MY CHILD PAY ATTENTION? Goldstein, Sam. New York, NY, J. Wiley, 1992, 214 p.
- HQ 536 I11 I WORK TOO: WORKING WIVES TALK ABOUT THEIR DUAL-CAREER LIVES. Santa Barbara, CA, Blue Point Books, 1996, 107 p.
- WX 27AA1 B85 THE INSIDE GUIDE TO AMERICA'S NURSING HOMES: RANKINGS AND RATINGS FOR EVERY NURSING HOME IN THE U.S. New York, NY, Warner Books, 1997, 1282 p.
- WT 115 K254 KEEP FIT FOR LIFE: MEETING THE NUTRITIONAL NEEDS OF OLDER PERSONS. Medford, MA, Tufts University, School of Nutrition and Policy, 2002, 119 p.
- WS 113 A917 KEYS TO CHOOSING CHILD CARE. Auerbach, Stevanne. New York, NY, Barron's 1991, 152 p.
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GOVERNMENT ASSISTANCE ALMANAC 2002-2003. Dumouchel, J. Robert, Omnigraphics, Detroit, MI, 2002. REF-GEN HC110.P63 G7469

This comprehensive guide to 1,479 federal domestic financial programs provides necessary information about obtaining federal assistance including program purposes, eligibility requirements, and program funding levels. Additional information includes:

- Fellowships, Scholarships, and Traineeships
- Personal Payments and Benefits
- Investigation of Complaints
- Field Office Contacts
- A Comprehensive Master Index

OLDER AMERICANS INFORMATION DIRECTORY 2002-2003. Grey House Publishing, Millerton, NY, 2002. REF-ASSN WT22AA1 O44

This directory contains 12,000 resources which address the physical, biological, psychological, social, political, and economic aspects of aging. A user guide and a user key as well as indexes by entry name, geographic location, and subject enhance this volume's usability. Features include detailed information about access to:

Books	Continuing Education
Web Sites	Electronic Resources
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Specialized Library Collections	517	December 2002
Parklawn Health Library System's Journal List Bioterrorism and Informatics Childhood Asthma Children's Mental Health Health Professions Programs School Violence Prevention	516	November 2002

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- Program Support Center
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The Parklawn Health Library, the NCHS Staff Research Library, and the Information Resources Center plan, develop, and administer a national research collection and innovative information programs in direct support of the Department of Health and Human Services.

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The Scope of the collection includes the delivery of health care, health administration, health policy, health services research, health promotion and disease prevention, computer sciences, management sciences, medical sociology, health statistics, international health, epidemiology, public health, mental health, psychiatry and neurology, and substance abuse.

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